

Grant Application Form (2017/2018)

Please indicate which grant
you are applying for

Community Grant-

S106 Grant-

Flood Grant-

Project Title

1 Organisation Details:

Organisation Name

Official or registered address

Telephone No Postcode:

E-mail:

Name of
main contact

Position

Does this person have official authority to submit this application?

Yes

No

Address for contact person if different from above

Telephone
No

Postcode:

E-mail:

Date organisation established or
incorporated

Type of
organisation

If a Registered Charity, please
give number

VAT registration
number (if any)

Is this application from a consortium of organisations?

Yes*

No

*If yes, please list included organisations:

<input type="text"/>
<input type="text"/>
<input type="text"/>

2 Membership and Usage

Are you a membership organisation?

Yes

No

If yes, is membership open to all?

Yes

No

What is your current membership?

22

What are the annual membership fees?

None

3 Bank Account Details

Account Name

Ampleforth Activity Class

Sort Code

7 - 0 0 - 9 3

Account Number

3 3 3 3 3 3 3 4

Address

Nationwide Building Society 2 Bridge Street, Helmsley, York

Postcode

YO62 5BG

4 Project Details

Where will the project take place

Ampleforth Village Hall

When is the project expected to:

Start

Started Jan 2013

Finish

will continue

Please summarise your project (100 words maximum)

The Activity Class aims to improve general fitness and was designed to: suit everyone fit or not; be suitable for men or women of all ages, the less agile, and complete beginners. The class focuses on sitting exercises but as we have got fitter some (but not all) are now done standing up, but all are adapted for the less agile. The class improves both fitness and co-ordination and finishes with ball throwing.

We propose to buy sets of 25-30 items of equipment since numbers have risen after 4 years to 20+ and also 10 higher chairs for taller members.

Why is the project needed?

Our instructor at present uses her own equipment and there is frequently not enough to go round and some of it is quite old. It is also cumbersome and heavy to move around. Also we would be in a better position to recruit a new instructor if we had our own equipment if she decided to resign. We will also be able to clean our own equipment more frequently. We also need 10 higher more suitable chairs for the taller members of the class since the present chairs are rather small. We recently moved from St Benedict's Hall to the bigger Village Hall, which has sufficient storage space for the equipment.

Please give details of any consultation undertaken in planning your project with either the wider community or target audience for the project eg parish plan or questionnaire

The class was set up after discussion at Ampleforth/Hovingham Patient Group meetings. The design of the class has gradually changed as the members have become fitter and as a result of listening to the participants.

Please indicate how you will measure the success and impact of your project

Our success is clear due to the steady increase in numbers attending and the fact that attendees travel from other villages including Gilling, Wass and Oswaldkirk. The class includes people with a wide spread of physical fitness. We continue running the class over the whole year except for when the instructor is on holiday herself though she has frequently found replacement instructors.

How does your project meet the priorities of the Council?

The class was aimed at unfit older local people. Numbers have gradually increased over 4.5 years until now we have 22 people attending though we do not insist on regular attendance, which suits many especially if they have family responsibilities or are carers. So far this year our average attendance is 12 people per session (range 7 to 20). A high proportion have physical problems and diabetes. However, since the exercises include co-ordination, other members who are pretty fit, including regular runners and walkers, also find it is beneficial. It is a friendly class and very much helps to reduce isolation with a definite social function. The surgery does recommend the class to patients. Members frequently have a coffee or go for lunch after the class.

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How does your project meet the priorities of the Council?

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Please give details of any special fundraising activities for the project

We aimed from the start to keep the cost of a session down to £5. During the initial two years when numbers were rising slowly, some attendees often paid extra to cover the cost of the instructor and hall rental and also paid whether they were able to come or

5 For capital projects only

Is planning permission required?

Yes

No

If yes, please indicate status of the application with dates

Applied for:
(date)

Granted:
(date)

Outline, Full, Listed building

Does your organisation own the property for which you are seeking a grant

Yes

No

If no, do you have a lease on the property?

Yes

No

Please give the name of the person or organisation who own the building

Ampleforth Parish Council

The length of any lease and unexpired term:

Not applicable

6 Project Budget

Expenditure - *List items of expenditure*

Capital Costs	Amount (£)
25 Bender balls, 22x2 dumb bells (0.5, 1, 1.5 and 2 kg), 30 Squeeze balls,	£305.58
4 prickle stimulating balls (red and yellow), 40 resistance bands (intermediate and advanced),	£37.62
3 Superflex X-band rolls (intermediate and advanced)	£144.46
3 massage balls of different types	£41.37
10 Mogo direct stacking chairs plus delivery £10	£279.50
VAT	£ 159.71
Total Capital Cost (a)	£808.53
Revenue Costs (Community grant only)	Amount (£)
Not applicable	
Total Revenue Cost (b)	£ 0.00
Total Cost (a+b)	£ 808.53

Income - *please specify how you will pay for the project*

	Amount (£)
Ryedale District Council Grant required	£ 958.24
Own funds	
Local fundraising	
VAT (if able to reclaim it)	
In Kind (eg volunteer time)	
Other	
Total Income (c)	£ 958.24

Please note, your Total Costs (a+b) must equal your Total Income (c). For Community and Flood grants, the grant requested must not be more than £5,000 or 25% of Total Costs (whichever is the lesser) unless you are requesting a grant for project costs of up to £1,000.

7 Declaration: I declare that:

- The information on this application form and the supporting information enclosed with it is accurate to the best of my knowledge
- The project falls within the organisation's purposes
- My organisation has power to accept a grant subject to the grant conditions stated

The application form should be signed by the Chairman or Chief Executive of the applicant organisation*.

Signed Date

Name Position

*An electronic signature is acceptable and can be entered below:

Checklist

Please check that the following are included with your application



Copy of your constitution, e.g. trust deed, Memorandum and Articles of Association, set of rules

Two years audited or otherwise certified accounts including your last complete financial year (if required)

Details of any research, or consultation, which has informed the development of the project

Evidence of match funding commitments, formal grant offer letters

Two competitive estimates for all capital works

Relevant plans and drawings

Business Plans and Annual report (if required)

Please return completed forms to: grants@ryedale.gov.uk